

**PRIVATE  
COACHING  
FOR YOU**



## Private Coaching with Paula

Why not be Exceptional ?

### If you too are looking to:

- Build your business
- Grow/Franchise your business
- Build your personal brand
- Break through barriers
- Develop leadership skills
- Reclaim your work life balance
- Change your career direction
- Embark on self-employment for the very first time
- Position yourself as an expert in your industry
- Develop stand out presenting skills and confidence



**It really is time to take the next step  
and make positive changes.**

**Paula also facilitates Business Mastermind  
Coaching Groups for small groups of 6**



**Speak Out to Play a  
Bigger Game**

**Paula Smith** Speaker CSP, Best Selling Author, Master Trainer and Business Consultant

Helping experts, entrepreneurs and organisations to grow their business and their brand by harnessing the power of speaking.

Paula has been speaking, coaching, mentoring and consulting to business owners for much of her 28 years in business. Her personal experience in her roles as Busy Franchisor, Professional Speaker, Business Consultant, Corporate Trainer, Author and Entrepreneur along with her tertiary studies in human resource development, counselling and NLP has given Paula the knowledge and skills needed to successfully coach and guide others aspiring to reach their full potential. Her "no nonsense" approach and "lets just get this done" attitude is refreshing when it comes to moving forward in your business or life. She is the Author of *Speaking in the Shower*, *Powerful Presentation Principles* and *Sell Your Story* and has been awarded the CSP designation by the NSAA. An award only a small number of professional speakers obtain worldwide.

## Coach / Mentor/Consultant

Every successful person needs a bouncing board. A person that can listen to ideas, keep you on track, suggest, guide, inspire and ensure you are living your life just the way you planned. Paula's clients range from Elite Athletes, Franchisors, Professional Speakers, Business Coaches, Executives and Tradespeople. Paula's clients get results.

Paula has been successfully in business since the age of 19. Her business success is not a fluke; it is a strategy that has been implemented time and time again over the past 28 years to give Paula the work and family balance she set out to achieve. Paula has 3 children, a successful business and a life filled with all the things that makes her heart sing. Paula is also a Master NLP Coach and has tertiary qualifications in Human Resource Development and Counselling. Paula works with business owners helping them to grow their business and their brand.

**Contact Paula and make  
that first step**

Paula's coaching/mentoring sessions may be the missing ingredient between thinking about it and actually doing it.

Paula will first speak with you to ensure there is the right formula present to build a successful coaching/mentoring relationship. Once a client is satisfied that the programme is for them you can get started on your goals. Paula offers coaching programmes from 3 months – 12 months and only works with a small number of private coaching clients at any one time.

The programme includes face-to-face or on-line sessions, email and phone support and in many cases opportunities to meet with other like-minded clients. Paula can also be booked for presentation skills coaching if attending a workshop is not your thing. Paula wants to ensure your next presentation is a memorable one.

Paula will take you step by step through your next presentation to help you overcome nerves, prepare correctly and deliver that powerful presentation to get the results you are looking for.

**Individual or group coaching can also be  
facilitated in-house for the key people in your  
organisation**

**Paula also presents:**

Make money while you speak  
Share or Sell Your Story  
Exceptional Presenter  
Exceptional Stories  
Exceptional Trainer  
Exceptional Woman

**Or we can customise a workshop for your organisation**

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